

# **TEEN MOMS REACHING SELF-SUFFICIENCY**

**A MEASURABLE PROCESS WITH TANGIBLE OUTCOMES**

## **MEET ALYISSA**

Alyissa grew up in an overwhelming environment where there wasn't much emotional connection, and her mom's boyfriend was verbally abusive. At 14, Alyissa met a boy, Corbin, at school who made her feel less lonely.

At 16, Alyissa became pregnant and dropped out of school when the judgment was too hard to handle. At 17, Alyissa gave birth to their daughter, Analayah. When she held Analayah in her arms for the first time, Alyissa was eager to provide a safe and stable childhood for her.

## **ALYISSA'S JOURNEY**



In May 2018, Alyissa joined Hope House. She developed an Individual Growth Plan with a staff member, starting in crisis or vulnerable in all seven self-sufficiency domains.



Alyissa attended parenting classes and events with her daughter, Analayah, gaining confidence in her parenting and resource management skills.



In 2021, she became pregnant with her second daughter, Amina, which boosted her motivation to finish school. She met regularly with a tutor and graduated in early 2022.



Alyissa enrolled her daughters in an early childhood education program, secured a part-time job there and earned her early childhood education certification at Red Rocks Community College.



She remained active at Hope House through support groups, book club and faith nights. In October 2023, Alyissa shared her story at the Ignite the Night Gala.



Today, Alyissa is engaged to Corbin, teaching full time and preparing to buy her own home. Analayah is in elementary school, and Amina is 3 years old.

## **CONTACT US**

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# **SELF-SUFFICIENCY RUBRIC**

The Teen Mom Self-Sufficiency Rubric was developed to measure teen moms' progress toward self-sufficiency. This helps the moms understand exactly how they are progressing as individuals and as parents by providing a visual of their growth over time. The rubric gives Hope House the ability to specifically call out which areas need improvement.

The rubric measures moms in three personal self-sufficiency domains and four economic self-sufficiency domains. Scoring is done on a 1-10 scale across four categories: crisis (1-2), vulnerable (3-5), stable (6-8) and safe (9-10).

## Personal Self-Sufficiency Domains:

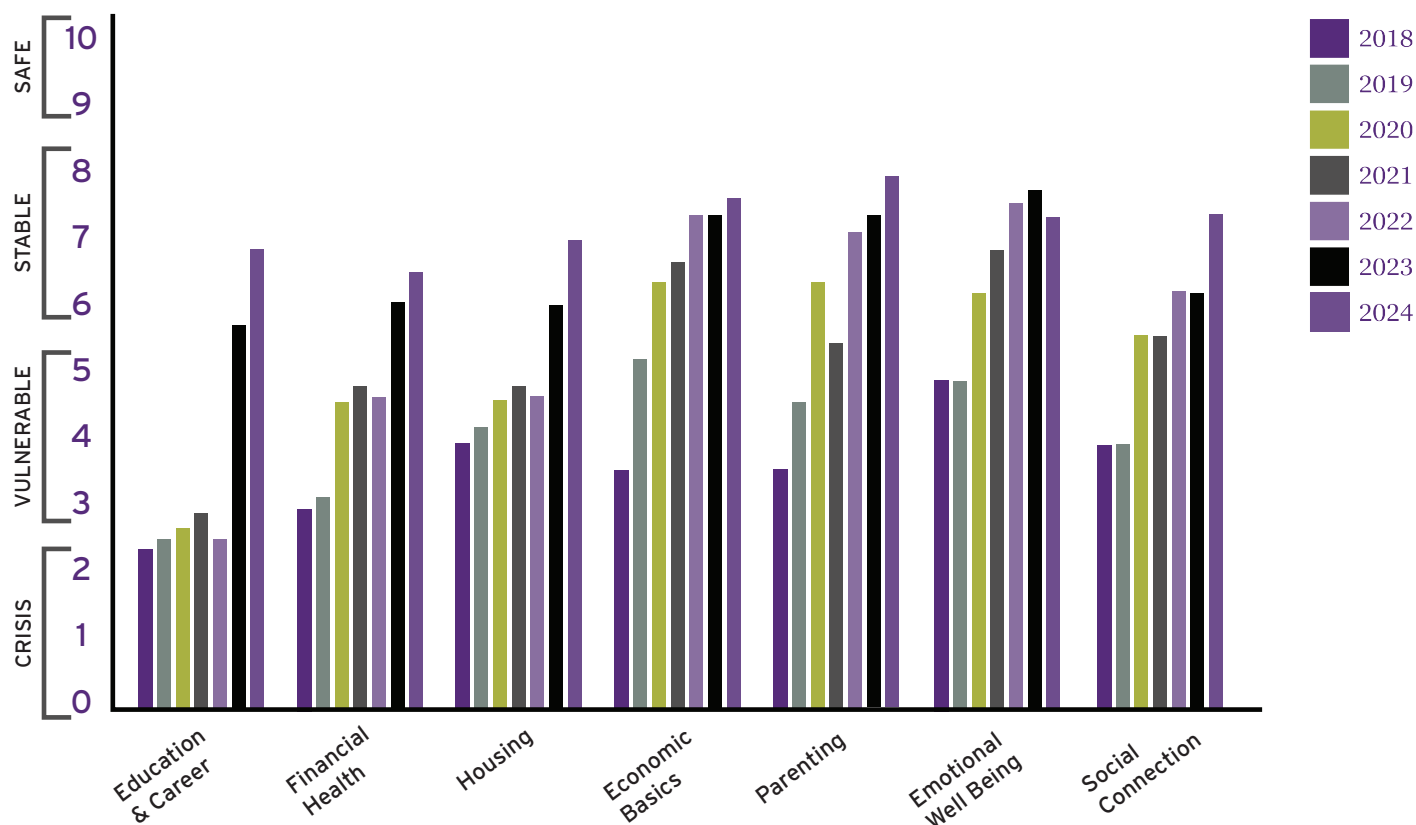
- Parenting
- Emotional Well-Being
- Social Connections

## Economic Self-Sufficiency Domains:

- Education & Career Development
- Financial Health
- Housing
- Economic Basics

## ALYISSA'S SELF-SUFFICIENCY JOURNEY

In 2018, Alyissa scored in crisis or vulnerable in all seven self-sufficiency domains. Over the course of her journey at Hope House, she grew in every domain and now measures in stable in all domains!



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